

# *Key Terms from the Greek*

- BLESSED (G3107 – MAKARIOS):
  - REFERS TO DIVINE JOY AND CONTENTMENT. TO BE “BLESSED” IS TO BE SPIRITUALLY PROSPEROUS, FAVORED BY GOD, AND DEEPLY SATISFIED—REGARDLESS OF EXTERNAL CIRCUMSTANCES. USED 50 TIMES IN THE NEW TESTAMENT, STARTING IN MATTHEW 5:3.
- PURE (G2513 – KATHAROS):
  - MEANS CLEAN, UNSTAINED, AND FREE FROM CORRUPTION. BIBLICALLY, THIS PURITY CAN BE:
  - PHYSICAL (E.G., CEREMONIAL CLEANLINESS),
  - MORAL (FREE FROM SIN AND GUILT),
  - SPIRITUAL (SINCERE, GENUINE, WITHOUT MIXTURE),
  - AGRICULTURAL (LIKE A VINE PRUNED TO BEAR FRUIT),
  - REFINED (AS IN GOLD PURIFIED BY FIRE).
- HEART (G2588 – KARDIA):
  - REPRESENTS THE CORE OF A PERSON—THOUGHTS, DESIRES, EMOTIONS, WILL, AND MORAL CHARACTER. IT IS THE CENTER OF BOTH PHYSICAL AND SPIRITUAL LIFE AND IS USED 160 TIMES IN THE NT.
- SEE (G3700 – OPTANOMAI):
  - TO PERCEIVE, EXPERIENCE, OR BEHOLD. IT IMPLIES NOT JUST PHYSICAL SIGHT BUT SPIRITUAL REVELATION AND RELATIONAL KNOWLEDGE. ROOTED IN HORAO—FIRST USED IN MATTHEW 2:10 (“WHEN THEY SAW THE STAR, THEY REJOICED...”).

# *Key Terms from the Greek*

- GOD (G2316 – THEOS):
  - REFERS TO THE ONE TRUE GOD—THE TRIUNE GOD (FATHER, SON, HOLY SPIRIT), REVEALED THROUGH SCRIPTURE AND ESPECIALLY THROUGH JESUS CHRIST (“EMMANUEL – GOD WITH US,” MATTHEW 1:23).

## **ACTIVITY:**

- HIGHLIGHT THE DEFINITION THAT SPEAKS TO YOU THE MOST.

**JOURNAL:**

- “WHAT DOES IT MEAN TO BE PURE IN HEART TODAY?”

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# Pure in Heart

- TO BE “PURE IN HEART” MEANS HAVING AN INNER LIFE THAT IS CLEAN, UNDIVIDED, AND FREE FROM HYPOCRISY. IT IS NOT SIMPLY ABOUT OUTWARD BEHAVIOR BUT ABOUT INWARD TRANSFORMATION.
- REFINED BY FIRE:
  - JUST AS GOLD IS TESTED IN FIRE, SO ARE OUR HEARTS REFINED THROUGH TRIALS. THE INTENSE HEAT REVEALS AND REMOVES IMPURITIES (DROSS), LEAVING SOMETHING VALUABLE AND PURE BEHIND. (SEE MALACHI 3:2–3, 1 PETER 1:7)
- PRUNED LIKE A VINE:
  - JESUS SAID THE FATHER IS A GARDENER WHO PRUNES FRUITFUL BRANCHES TO MAKE THEM EVEN MORE FRUITFUL (JOHN 15:2). PRUNING REMOVES THE UNNECESSARY TO STRENGTHEN GROWTH. BEFORE YOU BLOOM, YOU MUST BE PRUNED.
- LEVITE-LEVEL PURITY:
  - IN THE OLD TESTAMENT, BEING “CLEAN” WAS REQUIRED TO ENTER THE TEMPLE AND WORSHIP. THIS CEREMONIAL PURITY POINTED TO THE SPIRITUAL REALITY JESUS CAME TO FULFILL: TRUE WORSHIP STARTS WITH A CLEAN HEART (PSALM 24:3–4).

**JOURNAL:**

- WHAT IMPURITIES DO YOU SENSE GOD WANTS TO SKIM OFF IN YOUR LIFE?
- WHERE IS GOD PRUNING YOU RIGHT NOW FOR MORE FRUIT?

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# *Why the Heart Matters*

IN BIBLICAL TERMS, THE HEART IS NOT JUST EMOTIONS—IT'S THE SEAT OF INTELLECT, WILL, AFFECTIONS, AND CHARACTER. A PURE HEART MEANS:

- THOUGHTS ARE ALIGNED WITH TRUTH
- DESIRES ARE SHAPED BY HOLINESS
- INTENTIONS ARE SINCERE AND UNDIVIDED
- EMOTIONS ARE SUBMITTED TO GOD
- WILL AND CHARACTER REFLECT GOD'S NATURE

PSALM 51:10 – “CREATE IN ME A CLEAN HEART, O GOD, AND RENEW A RIGHT SPIRIT WITHIN ME.”

# Heart Sheet

Area of the Heart	Reflection	Response
Thoughts	<i>Are my thoughts pure, or have they been clouded by fear, pride, comparison, or judgment? Where do I need to renew my mind?</i>	
Words	<i>Do my words reflect truth, grace, and life? Have I spoken carelessly, harshly, or deceitfully?</i>	
Desires	<i>What am I longing for most? Are my desires aligned with God's will or rooted in selfish ambition or the world's values?</i>	
Decisions	<i>How do I make decisions? Are they based on wisdom and prayer, or impulse, fear, or people-pleasing?</i>	
Actions	<i>Are my daily choices bringing me closer to God's character? What habits or patterns need to change?</i>	



# *“See God”*

- THIS DOES NOT REFER ONLY TO PHYSICAL SIGHT, BUT TO EXPERIENCING GOD’S PRESENCE, CHARACTER, AND TRUTH. IT IMPLIES:
  - RELATIONAL CLOSENESS – AN INTIMATE KNOWING
  - SPIRITUAL PERCEPTION – DISCERNMENT AND REVELATION
  - ETERNAL VISION – A FUTURE HOPE TO BEHOLD HIM FACE TO FACE (REVELATION 22:4)
- IN CONTRAST, EZEKIEL 39:23–24 SHOWS THAT IMPURITY CAUSES GOD TO HIDE HIS FACE. WHEN OUR HEARTS ARE UNCLEAR, OUR SPIRITUAL VISION IS CLOUDED. BUT WHEN WE ARE CLEANSED, GOD NOT ONLY REVEALS HIS FACE—HE POURS OUT HIS SPIRIT (EZEKIEL 39:28–29).





# Reflection

JESUS FLIPS CULTURAL AND RELIGIOUS EXPECTATIONS IN THIS BEATITUDE. IN HIS TIME, PURITY WAS OFTEN SEEN AS EXTERNAL: CEREMONIAL, SOCIAL, OR PHYSICAL. BUT JESUS TEACHES THAT **TRUE PURITY STARTS FROM WITHIN** AND LEADS TO REAL COMMUNION WITH GOD.

THIS ALIGNS WITH THEMES FROM:

- **PSALM 24:3–4** – ONLY THOSE WITH CLEAN HANDS AND A PURE HEART MAY ASCEND THE HILL OF THE LORD.
- **HEBREWS 12:14** – WITHOUT HOLINESS, NO ONE WILL SEE THE LORD.
- **JAMES 4:8** – DRAW NEAR TO GOD, AND HE WILL DRAW NEAR TO YOU. PURIFY YOUR HEARTS.

TRUTHS:

- BLESSEDNESS COMES THROUGH HEART PURITY, NOT RELIGIOUS PERFORMANCE.
- PURITY IS BOTH A PROCESS (REFINEMENT, PRUNING) AND A POSITION (CLEANSED IN CHRIST).
- TO SEE GOD IS TO EXPERIENCE HIM NOW AND BEHOLD HIM FULLY IN ETERNITY.
- A PURE HEART IS NOT ACHIEVED BY EFFORT ALONE—IT IS A WORK OF GRACE AND PARTNERSHIP WITH THE SPIRIT.

# Prayer

## GUIDED PRAYER:

- “GOD, REVEAL THE PLACES IN MY HEART THAT ARE IMPURE...”

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- “REFINE ME LIKE GOLD. SKIM OFF EVERYTHING THAT KEEPS ME FROM YOU...”

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- “PRUNE WHAT IS UNFRUITFUL. SHAPE MY LIFE FOR YOUR GLORY...”

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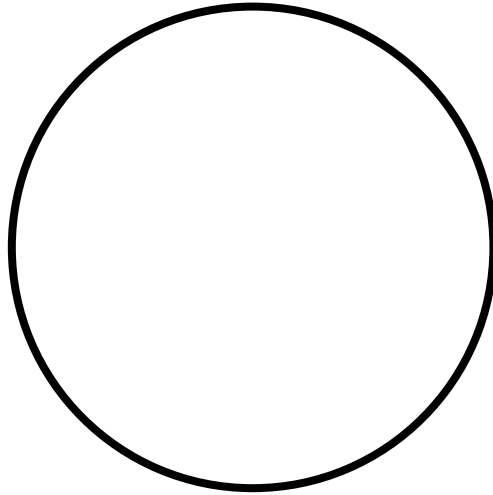
## SURRENDER EXERCISE:

WRITE DOWN AN IMPURITY OR DISTRACTION THEN  
SYMBOLICALLY RIP IT UP OR BURN IT (IF SAFE TO DO) AS A  
SIGN OF SURRENDER.

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# Challenge

**PURITY IN PRACTICE:** CHOOSE 1 AREA OF THE “HEART SHEET” TO INTENTIONALLY SURRENDER THIS WEEK.



## SCRIPTURE MEMORY:

- MATTHEW 5:8
  - “BLESSED ARE THE PURE IN HEART, FOR THEY SHALL SEE GOD”
- PSALM 24:3–4
  - “WHO MAY ASCEND THE MOUNTAIN OF THE LORD? WHO MAY STAND IN HIS HOLY PLACE? THE ONE WHO HAS CLEAN HANDS AND A PURE HEART...”



*Blessed*

*Pure*

*Before we bloom, we must be pruned*

*Blessed are the pure in heart, for they will see God.*

*Refined*

*Pruned*

